Massage Rituals

Wonderful massages combining properties of the main active ingredients with relaxing pressures to restore the physical and energy balance of body, mind and spirit.

Sport Massage **△** 50min. €93



Intense and deep massage technique that helps to release muscular stress and relieve pain. Your muscles oxygenate and relax, leaving your body with a pleasant sensation of well-being. Particularly recommended to optimise the performance of sports people.

Body Sculpt Massage △ 50min. €93



An anti-cellulite, reducing and draining massage to achieve a perfect silhouette.

Isolating and reducing movements alleviate pressure on tissue, allowing you to recover your refined silhouette and reduce the orange peel effect.

Shi Zen Relax Massage **△** 50min. €89



Massage inspired by Shiatsu, a technique of oriental, classic and centuries-old origins that brings relaxation and achieves well-being through the harmony of mind and spirit.

Swedish Massage **△** 50min. €93



Swedish massage combining classic massage techniques with stretching. This energetic massage, combined with aromatherapy and music therapy, offers the well-being and relaxation that you need so much.

Lymphatic Drainage **△** 50min. €85



Gentle massage with pumping techniques to stimulate venous and lymphatic return, eliminating toxins from the body. Suitable for people who suffer from fluid retention and tired legs. An essential part of weight loss and anti-cellulite treatments.

Reflexology **L** 25 min. €53 / 50min. €83



Relaxing massage of the soles of the feet. Strategic points related to your vital organs are delicately massaged. Finger pressure provides a perfect sensation of well-being.

Therapeutic Massage

25 min. €55 / 50 min. €93

guidance and advice.



Relaxes the musculature in the affected zone thanks to the effect of heat, suction cups and a massage focusing on the area. Customers are given

Aromas of Andalusia Massage **△** 50min. €89



Savour Andalusia with an unforgettable massage by candlelight. Nutrition and protection thanks to the benefits of lavender, olives and citric fruits, combined with a multi-sensory massage that will leave your skin shiny and silky-smooth.

Relax & Aromatherapy **2**5 min. €49 / 50min. €83



Anti-stress aromatherapy massage. Rhythm, pressures and carefully selected aromas provide a deep sensation of well-being. Massage performed with essential oils.



All our massages are available in Amàre Beach

FAQs

Bookings

Everybody working at Spa By Germaine de Capuccini will help you to optimise your visit by giving recommendations and arranging the perfect experience for you. We recommend that you book in advance by phone, Internet or in person at the Spa front desk, particularly if you require multiple bookings during your stay.

Opening hours

Opening times depending on season. Last entrance to the wet area 60 minutes before closing time. Exit from the wet area 15 minutes before closing time.

Arrival

In order to get changed, we recommend that you arrive 30 minutes prior to your booked time to prevent delays.

Cancellation policy

There is no charge for any changes or modifications made up to 4 hours prior to your appointment. If made within 4 hours of the appointment, you will be charged 100% of the total price of the booking. If a customer is late and it is not possible to reschedule their treatment, the duration of the service will be reduced. If the duration of the treatment cannot be reduced, it will be cancelled as per the cancellation policy.

Parking

Two hours of free parking in the hotel's garage (subject to availability).

What should I wear to visit the wet area?

Use of swimsuit and plastic flip flops (on sale at the Spa front desk) is mandatory. Free bathrobe and towels service.

Where can I get changed?

We have changing rooms where you can change before entering the Spa, as well as showers and hair dryers.

Where can I leave my belongings?

We offer personal lockers that are free to use. The centre does not accept liability for the loss of breakage of your property. We recommend not wearing jewellery inside the Spa or during treatments.

Silence and tranquillity

Silence and tranquillity are essential for enjoying relaxing moments in the Spa. To ensure that everybody can relax, we recommend keeping your voice low and setting your phone to silent in your locker.

Courtesy and respect

Please shower before entering the swimming pools and when leaving the sauna and Turkish bath. We ask that you behave correctly and decently.

Contraindications

If you suffer from infectious skin disease, cardiovascular diseases, high or severely low blood pressure, fever, general discomfort or other conditions, or if you have recently had a heart attack, we recommend that you do not access the wet area. For all other treatments, please ask our staff. If you are pregnant, consult with your doctor and inform the therapist.

Waxing

Use our hair removal services before enjoying the wet area, and make sure your skin has not been exposed to the sun for too long. Ask our Spa staff.

Shaving

For optimal results, we recommend shaving two hours prior to treatment.

Spa Boutique

If you want to continue your Spa experience at home, all products used for our treatments and services are available at our Spa Boutique. We sell sun products.

Spa gift

If you want to continue your experience at home, you can purchase products at the front desk. Please ask our staff.



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Spa Experiences

Sensational experiences that immerse you in an absolute state of well-being. Become intoxicated by our gentle aromas, a true pleasure for the senses.

SPA Experience 60min. €20 / 10 sessions €130



Dynamic pool, steam bath, sauna, Jacuzzi, foot bath, bithermal shower and Scottish shower.

Relax Experience 2 days €158



Relax & Aromatherapy Massage. 50min. Kirei Sublime. 50min. 2 Spa Experiences, 60min.

Detox Experience 2 days €170



Baobab Ritual. 50 min. Body Sculpt Massage. 50 min. 2 Spa Experiences. 60 min.

Supreme Experience 2 davs €220



Aesthetics €40 Manicure €50 Pedicure **UVA Ravs** €13 Hair Removal Half legs €30 €55 Full legs €30 Bikini line €15 Armpits

Hairdressing	
Wash and blow dry from	€29
Lady's Haircut	€30
Men's Haircut	€25
Colour from	€35
Lotion	€4
Accessories	
Flip-Flops	€6

2 days experience programmes are designed for couples. Gift of a bottle of champagne and chocolates.



Beauty Rituals

Germaine de Capuccini designs advanced facial treatments for all skin types by combining exquisite protocols. Skin solutions with the latest cosmetic technology, giving you a beautiful youthful sheen.

Global Anti Age ON **△** 80min. €139



Sophisticated experience with a beauty ritual inspired by a Japanese face massage. A perfect blend of innovative active ingredients in the products and massage pressures to achieve a magnificent anti-aging effect and sensational relaxation of body and mind.

Regenerates, hydrates and renews your skin with

the therapeutic effect of diathermy that allows

local internal temperatures to be raised. Its effects

provide deep treatment for wrinkles and loose skin.

Kirei Sublime

△ 50 min. €79

Be expressive LIFT (IN) **©** 80min. €129

density and hydration effect.



Facial treatment par excellence. A re-invention of Cosmetic Lifting emulating surgical lifting produces an overall result based on the three rejuvenation vectors "Lift, fill and tighten".

Complex, high performance and innovative V-Matrix technology that stimulates synthesis and the activity of the main active ingredients that organise and restructure the skin matrix. Firmness is restored from the inside. An in-depth action that leads to a lifting effect on the surface.

Revolutionary all-round anti-aging treatment that

adapts to your skin's history to slow down the

aging process. EPIGENOL, a promising ingredient

extracted from the marigold flower, reverses the

aging process and acts as a switch to turn "ON"

the genes that have been turned off by certain

epigenetic factors. An intensive cure with a skin

Vit C+C Flash Effect **□** 50min. €112



Illuminating flash effect treatment. Vitamin C firms up the skin by activating collagen production. Its complex range of highly effective active ingredients immediately achieves skin resplendent of youth. and favours a beautiful tan.

Cellular Anti-Age Premier **△** 50 min. €110



Highly firming anti-aging treatment. The deepest of wrinkles are reduced by applying products with very concentrated active ingredients for an optimal "skin architecture". Visible signs of aging and skin fatique disappear.

• Indiba + Mask. 50min. €75 • Facial Hygiene + Mask. 80min. 110€

facilitating hydration.

Cellular Indiba

△ 25 min. €50





Treatment specially designed for men. Energising detox treatment that fights the effects of skin fatique. Cleans and eliminates all impurities, relaxes the face and mind and brings vitality to the

Basic Facial Purity △ 50min. €70



Essential face care for cleaning skin of its impurities (microcysts and blackheads). It prepares the skin for daily treatment.











Premier Rituals

Innovative body treatments inspired by the benefits of the sea, nature and luxury, which quarantee incredible results in the skin and fullest possible pleasure for the senses.

Silk Adventure Ritual **△** 80 min. €119



A sublime face and body therapy offering absolute well-being. It starts with a mystical exfoliation with shells and pods of fine spices and poppy seeds. followed by a silk wrap and a luxurious face and

body massage. Capricious luxury for the senses.

△ 50min. €112

Firming treatment with highly nutritious power, giving skin a new youthful look. Vitamin C activates collagen production and boosts skin firmness. An elaborate process involving exfoliation with orange skin particles, followed by a creamy wrap that covers the skin in delicately luminous micro-pigments.

Vitamine C Supreme Ritual 😍

Slim Ritual **●** 80min. €119



Remodelling and firming body treatment. Kneading, pummelling, friction and pressure act deeply on each area of the body for a toning and slimming effect.

Body Peeling △ 25min. €39



Eliminate your skin's dead cells, leaving it smooth, fine and hydrated. Choose the product that best suits your needs from our large selection of peelings.

Baobab Ritual △ 50min. €79



An exclusive beauty treatment that combines the exquisite Baobab oil with the prized Flor de Sal d'Es Trenc sea salt from Mallorca. A unique experience that renews and embellishes the skin while harmonising the senses.











