



GERMAINE DE CAPUCCINI

Today you can start your challenge

**CHANGE
BEGINS**
Today

**TO ACHIEVE IT
IS POSSIBLE**

Multi-discipline cellulite treatment
in just 5 weeks



Join today the
CHANGE BEGINS TODAY
challenge and discover that, in a
responsible and realistic way, it is
possible to achieve it!



NOTHING CHANGES IF YOU DON'T CHANGE IT
Ask at your Aesthetics Centre.

#Changebeginstoday   

YOUR CHALLENGE, YOUR ACHIEVEMENT

At last an intensive and complete programme for working against cellulite attacking it from all its fronts.

The objective?

A realistic objective: to feel better with yourself in front of the mirror, in just 35 days.

How will I achieve it?

With your commitment, the professional judgement of your aesthetician and all the help of **Germaine de Capuccini**.

The result?

Reduction of liquid retention
Reduction of accumulations
Visibly smooth skin
Remodelled contours
Your skin firmer and more compact

What does the

CHANGE BEGINS TODAY challenge consist in?

It is a **Global** anti-cellulite Plan capable of achieving its objectives by acting synergistically from different areas:

CELLU-PROGRAMME
professional treatment.

Daily application of **TOTAL FIT**

CELLU-DREN COMPLEX micronutrition

Suitable dietary guidelines

Daily physical exercise

Good habits



CELLU-PROGRAMME professional treatment

Maximum anti-cellulite activity thanks to more than 20 active ingredients and to the application with an exclusive massage system that remodels millimetre by millimetre.

The plan consists of 10 sessions, 2 a week, of 1 hour of duration.

Daily application of **TOTAL FIT**

Bi-phase formula with all the anti-cellulite, reducing and firming power of the infused oils (Pomegranate, Green Coffee, Fruits of the Forest, Pepper, etc.) and the extracts of plant origin.

You will apply it daily, according to very specific self-massage guidelines that we will give you and that vary depending on the phase of the challenge you are at.

CELLU-DREN COMPLEX micronutrition

The latest **ADD+ NUTRIENTS** innovation from **Germaine de Capuccini**. An effective combination of medicinal plant extracts that make the perfect supplement to enhance the success of anti-cellulite cosmetic treatments. Due to its content in Guarana it stimulates the degradation of fat and helps lose weight when following a low-calorie diet.

You will dilute a stick in 400-1500 ml of water that you will have to drink throughout the day, 6 days a week.



Good habits: eat well and do physical exercise daily.

To accompany the challenge, **Germaine de Capuccini** will give you information about the suitable dietary guidelines, developed under medical supervision, and exercises you must carry out daily.

The exercises and type of diet will vary depending on the phase of the challenge to help achieve the different objectives: **eliminate liquids, reduce, firm.**

Also, if you join the challenge you will obtain as a gift the **CHANGE BEGINS TODAY** kit:

- A **diary** in which you will find all the guidelines to follow each week and where you can write down, day by day, your progress.
- A **glass** so that taking Cellu-Dren Complex is an even more pleasant experience.
- A **backpack** that will accompany you in your outdoor activities.



The **results*** exceed the expectations:

100 %	Improves “fat rolls”	96 %	Firmer buttocks
96 %	Reduction of “love handles”	88 %	Refined thighs/knees
92 %	Flatter abdomen	100 %	Improves the appearance of “orange peel skin”

*Self-evaluation test carried out on women between 29 and 54 years of age after the 5 weeks of the **CHANGE BEGINS TODAY** challenge..

Loss of up to 2 sizes!

YOU WILL FIND GERMAINE DE CAPUCCINI'S
PRODUCTS IN THE BEST PROFESSIONAL
AESTHETICS CENTRES, SPAS AND MEDICAL-
AESTHETICAL CLINICS AROUND THE WORLD



#Changebeginstoday



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ADVANCED PROFESSIONAL COSMETICS

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