

FREE IN THE SUN ON SUNDAY APRIL 23, 2017
FABULOUSMAG.CO.UK

Fabulous

Photographed
exclusively for
Fabulous by
Zoe McConnell

The
WEDDING
issue

HAPPY-EVER-AFTER
FROCKS FROM
£69

MAKE YOUR
RELATIONSHIP
SURVIVE
ANYTHING

STREET STYLE

BLENDED FAMILIES, BATTLING
ANXIETY AND PLANNING FOR A
POP-STAR WEDDING. WHY CORRIE'S
FAYE BROOKES IS STEPPING
INTO THE SPOTLIGHT

Fabulous Magazine
(Circulation 1,602,320; PR
Value £37,400)– 23rd April
2017 *Charlotte Goodwin's
PT

(IMAGE 2 OF 5)

GRIFCO
TRAVEL PUBLIC RELATIONS



NO KIDS ALLOWED!

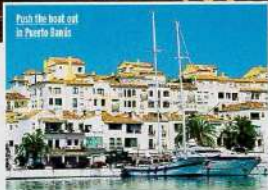
Sick of screaming children and crying babies or just want a weekend off parenting duties? Then head to one of these adults-only beach hotels in Europe

1 AMARE MARBELLA BEACH HOTEL, SPAIN

Sub-Editor Charlotte Goodwin checked into the perfect property in **TOWIE's** love town.

THE PAD Expect chill-out tunes, candles and a sea theme with light modern rooms, sea-view terraces and Molton Brown toiletries. Wicker chairs surround the pool and we loved the spa's Vit C-HC facial, £95, and mood-lit hydrotherapy pool. Enjoy a gin fizz, £8.50, at the rooftop bar with views of the Med and La Concha mountain. The Amare Lounge restaurant – with patterned tiles, white sofas and a three-course set menu, £29 – is a gem, too. Think take-away and caramelised Spanish rice pudding.

OUT & ABOUT Just a five-minute walk away is the historic old town. At its heart lies the beautiful Plaza de los Naranjos, with a mosaic pebbled floor. Stroll past the remains of the Arab castle walls, charming Plaza Sanjo Cristó – where flamenco dancing takes place come evening – and peek inside the majestic Iglesia de Nuestra Señora de la Encarnación church. Later, head to the Museo del Grabado, entry £2.50, located in the old Bazán Hospital, to view contemporary graphic prints and engravings by artists including Picasso. (Wine & Tea addict? You'll love Cosmopolita – it's like an old-school pick'n'mix



Push the boat out in Puerto Banús



Return flights from the UK to Marbella start from £60, and from £80 to Lanzarote, both with Monarch.co.uk. Flights to Gran Canaria start from £80 (return with easyJet.com).

as you take a scoop and fill a bag with aromatic tea leaves. Meanwhile, buzzing Puerto Banús is a 40-minute leisurely bike ride away along the palm-tree-lined promenade. Hire a bike for £10 a day (Farobikes.com). **DON'T MISS** Michelin-starred Messini near the hotel serves to-die-for crayfish with coconut butter, £16, and Black Angus steak, £23 (RestauranteMessina.com). **BOOK IT** Rooms cost from £170 B&B (Amarehotels.com/Marbella). Plan your trip at Marbellaeexclusive.com.

2 BARCELÓ TEGUISE BEACH, LANZAROTE

Writer Sophie Bronstein found a gem on this volcanic island. **THE PAD** Most of the modern 305 rooms in the hotel have hot tubs, ideal for relaxing after a strenuous day at the beach! But possibly the best part (aside from the massive buffet meals) is the spa – a hidden sanctuary that boasts a huge menu of luxe treatments from £17. Once you've tired of swimming in the two beautiful infinity pools, you're a stone's throw from a dip in the sea, too.

OUT & ABOUT Stoo by the official Wine Museum of Lanzarote. It's the



From shower to sea in 60 seconds!

quiet winery on the Canary Islands and once you've admired the cellars, pick from the huge wine list! El Tomate restaurant is a 20-minute drive from the hotel – we loved the sole fillet and unbeatable choc mousse. Three courses cost from £25 per person. As Lanzarote is in the Atlantic Ocean, it's perfect for windsurfing, too. Whether you're a beginner or a pro, try the Lanzarote Windsurf School at Las Cucharas beach, prices start from £295.

DON'T MISS Head to Timanfaya National Park for a guided tour of a volcano. While there, visit Restaurante Volcan De Timanfaya where the chef uses the volcano's heat to cook your steak, £11. Then hit El Golfo, a volcanic crater filled with sea water that filters in from the black sand to create the Green Lagoon. It's an incredible sight. **BOOK IT** Deluxe rooms with hot tubs cost from £98 a night (half board) (Barcelot.com).

Under £100 a night!



Escape with WINDSURFING



Pool or beach? Decisions, decisions!



3 BOHEMIA SUITES & SPA, GRAN CANARIA

Senior Sub-Editor Stacey Bartlett also sought out luxury in the Canary Islands.

THE PAD Towering over the 3km of Playa del Inglés beach, Bohemia is all jewel tones and polished wood, with free-flowing cava at breakfast, two heated pools (one to catch the morning sun, one for the afternoon) and a rooftop bar with panoramic views over the Atlantic. We felt totally refreshed after a 60-minute Ball massage with foot scrubs, £85, at the gorgeous spa, plus



You really would want to escape to the spa!

all guests get given free use of a 4G Galaxy S3 tablet, so you can order room service or scroll Insta on the go! **OUT & ABOUT** Visit the island's capital Las Palmas, a 40-minute drive away, and start your day in the old town, with its cobbled streets and coloured stone buildings. Stoo by 'Vegeta's Sunday craft market to buy local pottery, and drop into the beautiful 16th-century Casa de Colón museum to learn how explorer Christopher



Even the houses are cheerful in Las Palmas



Columbus visited on his way to America – and take a selfie with resident parrot! Entry is £3.50 (Casadelcolon.com). Afterwards, strap on a helmet and explore the city on a private Segway tour where you'll whizz past the castle, the modern harbour and the promenade. It costs £36 for an hour (Segwayspa.com). Refuel in the ultra-cool Mercado del Puerto indoor food market at Pocos y Buehos. Choose pinchos from the counter – we loved the pork belly rolls and melt-in-the-mouth croquettes, from £3 – then order bigger tapas dishes from their main menu, from £7. **DON'T MISS** Escape the crowds Playa del Inglés at the magnificent sand dunes at the southern tip of the island, then walk along the beach to Samsara restaurant for a glass of Rioja, £5, on the orient terrace (Samsara-gc.com). **BOOK IT** Rooms cost from £120 B&B (Bohemia-grancanaria.com). Plan your trip at Grancanaria.com.

Fabulous Magazine
(Circulation 1,602,320; PR Value £37,400)– 23rd April 2017 *Charlotte Goodwin's PT

(IMAGE 3 OF 5)

Fabulous Magazine
(Circulation 1,602,320; PR
Value £37,400)– 23rd April
2017 *Charlotte Goodwin's
PT

(IMAGE 4 OF 5)



**NO KIDS
ALLOWED!**

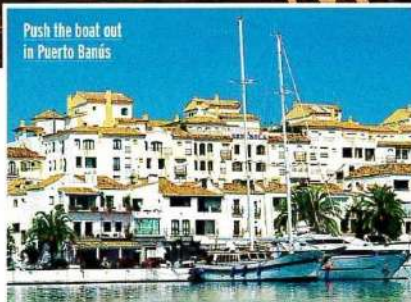
Sick of screaming children and crying babies or just want a weekend off parenting duties? Then head to one of these adults-only beach hotels in Europe

1 AMARE MARBELLA BEACH HOTEL, SPAIN

Sub-Editor Charlotte Goodwin checked into the perfect property in TOWIE's fave town.

THE PAD Expect chill-out tunes, candles and a sea theme with light, modern rooms, sea-view terraces and Molton Brown toiletries. Wicker chairs surround the pool and we loved the spa's Vit C+C facial, £95, and mood-lit hydrotherapy pool. Enjoy a gin fizz, £8.50, at the rooftop bar, with views of the Med and La Concha mountain. The Amare Lounge restaurant – with patterned tiles, white sofas and a three-course set menu, £29 – is a gem, too. Think hake confit and caramelised Spanish rice pudding.

OUT & ABOUT Just a five-minute walk away is the historic old town. At its heart lies the beautiful Plaza de los Naranjos, with a mosaic-pebbled floor. Stroll past the remains of the Arab castle walls, charming Plaza Santo Cristo – where flamenco dancing takes place come evening – and peek inside the majestic Iglesia de Nuestra Señora de la Encarnación church. Later, head to the Museo del Grabado, entry £2.50, located in the old Bazán Hospital, to view contemporary graphic prints and engravings by artists including Picasso (Mgec.es). Tea addict? You'll love Cosmopolitea – it's like an old-school pick 'n' mix



Push the boat out
in Puerto Banús



Return flights from the UK to Malaga start from £69, and from £111 to Lanzarote, both with Monarch.co.uk. Flights to Gran Canaria start from £81 return with Easyjet.com.

as you take a scoop and fill a bag with aromatic tea leaves. Meanwhile, buzzing Puerto Banús is a 40-minute leisurely bike ride away along the palm-tree-lined promenade. Hire a bike for £10 a day (Farobikes.com). **DON'T MISS** Michelin-starred Messina near the hotel serves to-die-for crayfish with coconut butter, £16, and Black Angus steak, £23 (Restaurantemessina.com). **BOOK IT** Rooms cost from £170 B&B (Amarehotels.com/Marbella). Plan your trip at Marbellaexclusive.com.



2 BARCELÓ TEGUISE BEACH, LANZAROTE

Writer Sophie Bronstein found a gem on this volcanic island.

THE PAD Most of the modern 305 rooms in the hotel have hot tubs, ideal for relaxing after a strenuous day at the beach! But possibly the best part (aside from the massive buffet meals) is the spa - a hidden sanctuary that boasts a huge menu of luxe treatments from £17. Once you've tired of swimming in the two beautiful infinity pools, you're a stone's throw from a dip in the sea, too.

OUT & ABOUT Stop by the official Wine Museum of Lanzarote. It's the

oldest winery on the Canary Islands, and once you've admired the cellars, pick from the huge wine list! El Tomate restaurant is a 20-minute drive from the hotel - we loved the sole fillet and unbeatable choc mousse. Three courses cost from £25 per person. As Lanzarote is in the Atlantic Ocean, it's perfect for windsurfing, too. Whether you're a beginner or a pro, try the Lanzarote Windsurf School at Las Cucharas beach, prices start from £255.

DON'T MISS Head to Timanfaya National Park for a guided tour of a volcano. While there, visit Restaurante Volcan De Timanfaya where the chef uses the volcano's heat to cook your steak, £11. Then hit El Golfo, a volcanic crater filled with sea water that filters in from the black sand to create the Green Lagoon. It's an incredible sight. **BOOK IT** Deluxe rooms with hot tubs cost from £98 a night, half board (Barcelo.com).



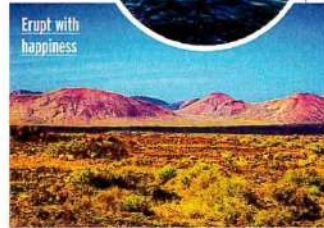
From slumber to sea in 60 seconds!

TRAVEL

Under £100 a night!



Erupt with happiness



Pool or beach? Decisions, decisions

3 BOHEMIA SUITES & SPA, GRAN CANARIA

Senior Sub-Editor Stacey Bartlett also sought out luxury in the Canary Islands.

THE PAD Towering over the 3km of Playa del Inglés beach, Bohemia is all jewel tones and polished wood, with free-flowing cava at breakfast, two heated pools (one to catch the morning sun, one for the afternoon) and a rooftop bar with panoramic views over the Atlantic. We felt totally refreshed after a 60-minute Bali massage with foot scrub, £85, at the gorgeous spa, plus

all guests get given free use of a 4G Galaxy S3 tablet, so you can order room service or scroll Insta on the go!

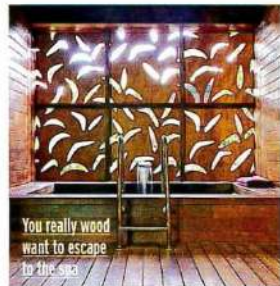
OUT & ABOUT Visit the island's capital Las Palmas, a 40-minute drive away, and start your day in the old town, with its cobbled streets and coloured stone buildings. Stop by Vegueta's Sunday craft market to buy local pottery, and drop into the beautiful 18th-century Casa de Colón museum to learn how explorer Christopher



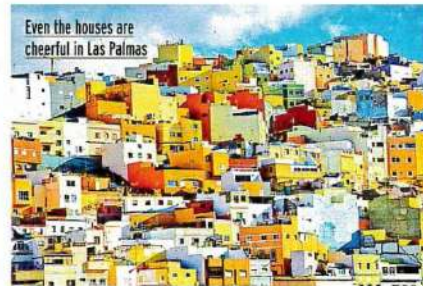
Columbus visited on his way to America - and take a selfie with the resident parrots! Entry is £3.50 (Casadecolon.com). Afterwards, strap on a helmet and explore the city on a private Segway tour, where you'll whizz past the castle, the modern harbour and the promenade. It costs £38 for an hour (Segwaylpa.com). Refuel in the ultra-cool Mercado del Puerto indoor food market at Piscos y Buches. Choose pinchos from the counter - we loved the pork belly rolls and melt-in-the-mouth croquettes, from £3 - then order bigger tapas dishes from their main menu, from £7.

DON'T MISS Escape the crowds of Playa del Inglés at the magnificent sand dunes at the southern tip of the island, then walk along the beach to Samsara restaurant for a glass of Rioja, £5, on the oriental terrace (Samsara-gc.com).

BOOK IT Rooms cost from £120 B&B (Bohemia-grancanaria.com). Plan your trip at Grancanaria.com. **F**



You really would want to escape to the spa



Even the houses are cheerful in Las Palmas

Compiled by Catherine Inoué-Fredley. Photographs: Alamy, Camera Press/Getty Images, Heineck/Tick, iStockphoto, Juan Carlos

Fabulous Magazine
(Circulation 1,602,320; PR
Value £37,400)– 23rd April
2017 *Charlotte Goodwin's
PT

(IMAGE 5 OF 5)