















## Amàre State of Mind

—— Amàre Beach Hotel – Marbella, Spain

## By Katina Hristova

Marbella is known for its glamorous party scene, but also the chance to rest and recharge, which makes it popular with busy professionals from across the globe. Centrally located and set on the town's beach front with beautiful views over the Mediterranean Sea, Amàre Beach Hotel is Marbella's ultimate playground for grown-ups. Offering tranquil haven for adults only, mixed with electric entertainment and fine Mediterranean fusion cuisine, Amàre is more than just a hotel, it's a destination in itself.

Amàre's name comes from joining the Spanish words 'amor' (love) and 'mar' (sea), and excellently captures the essence of this oasis of seaside chic and palm trees. The general vibe is the perfect marriage between beachy interiors, art and luxury. Every corner of the hotel has been designed with its location in mind. The lobby is spacious, airy and light-filled with floor-to-ceiling windows that frame the views outside. The interiors are all bleached wood, marble, natural fabrics and feature a lot of white, interrupted only by the paintings that grace the walls of Amàre's corridors, stairways and lifts. Committed to art, the hotel hosts exhibitions by artists such as Alejandro Hermann – an Argentinean who's been based in Marbella for over a decade and describes his work as a mixture of 'expressionism, realism and spiritual dreaminess'.

The 236 rooms at Amàre fall into six categories and stay true to the all-white, beachy theme. Ensuring the connection with the view is never broken, most of them gaze out over the Mediterranean, whilst others have vistas of the town and the Sierra Blanca Mountains. For a frontal sea view, as well as access to an exclusive lounge with complimentary drinks and nibbles, stay at one of the luxury retreat's 'The One' rooms. In addition to beautiful balconies, Molton Brown toiletries and minibars, they are also finished off with large rainfall showers in glass enclosures.

The hotel's crowning glory, however, is its private beach area and swimming pool - with sun loungers, complimentary towels and a lovely selection of drinks and snacks just one push of a button away, the two areas are geared towards rest and relaxation. The pool is big enough to have a proper swim in, and quiet enough to simply chill out, whilst the beach area is a few steps away from the warm crystal-clear sea. When all that sun bathing gets too much, move to Amàre Beach Restaurant for a tapas lunch in the shade or head into the hotel's exquisite Spa by Germaine de Capuccini for a refreshing treatment or a hydro circuit.

When it comes to wining and dining, Amàre Beach Hotel Marbella promises to leave you spoilt for choice. Amàre Lounge is the ideal setting to sit back over a delicious meal (we are still dreaming of their Andalusian tuna and potato salad) and enjoy live performances after a long day on the beach.

During the season (which continues until the end of November and starts again in March), Amàre has an action-packed programme of culinary events, beach parties with resident DJs and rooftop live music to enjoy at Belvue Rooftop Bar, where outstanding 360° views match impeccably prepared cocktails. Savour the best of Latin American fusion cuisine at Amàre's new pop-up restaurant Hayaca, where Michelin-starred Chef Mauricio Giovanini whips up a culinary storm between mid-June and mid-September.

Breakfast can be enjoyed in Mare Nostrum Restaurant and delivers an impressive buffet that caters to lactose and gluten intolerant guests and offers anything from omelettes cooked according to your preferences and pancakes, through to a wide range of cured meats and cheeses (including tofu!) and a variety of cakes and pastries. What could be nicer than a Spanish tortilla with a side of local tomatoes and olives and a freshly squeezed orange juice, enjoyed on the sunny sea-facing terrace? Not a lot.

Just a five-minute walk from the old town, Amàre Beach Hotel benefits from the perfect location for those who want to explore Marbella or head into town for a few drinks after dinner. To dive into the past and learn about the history of the town, we recommend booking a guided tour with Marbella Tourism Board – you'd be surprised how much there is to see and hear about. Another way to explore your surroundings, although you'd be forgiven for not leaving Amàre with its myriad of things to do, is renting out one of the hotel's bikes and cycling along Marbella's extensive stretch of coast. The promenade outside the pool area is 17 km long and can take you on a picturesque journey all the way to San Pedro Alcántara, passing through Puerto Banús.

Amàre Beach Hotel Marbella left us in awe of everything that it is and everything that it has to offer. And as beautiful as everything in the hotel is, it was that close attention to every single detail and the warm, attentive and welcoming staff that made the whole experience extra special. We'll certainly be back for more, Amàre.

To book a guided tour with Marbella Tourism Board, please go to: www.turismo.marbella.es/en/











