

# GERMAINE DE CAPUCCINI EXPERIENCES

SENSATIONAL EXPERIENCES THAT IMMERSE YOU IN AN ABSOLUTE STATE OF WELLNESS. GET SURROUNDED BY OUR GENTLE AROMAS AND TEXTURES, A TRUE PLEASURE FOR THE SENSES.

EXPERIENCES FOR COUPLES ARE SPECIAL PROGRAMS MADE IN OUR DOUBLE CABIN.



## BEAUTY EXPERIENCE



PRICE | €130

MAKE-UP  
HAIRSTYLE  
MANICURE  
PEDICURE

## RELAX EXPERIENCE



2 PERSON | €150 75 MIN.

- AROMATHERAPY MASSAGE (25 MIN.)  
- EXPRESS FACIAL (25 MIN.)  
- FEET OR HEAD RELAX MASSAGE (25 MIN.)

## ORIENTAL EXPERIENCE



2 PERSON | €290 115 MIN.

- BAMBU & JEJU MASSAJE (50 MIN.)  
- KIREI SUBLIME FACIAL RITUAL (50 MIN.)  
- FEET SHIATSU MASSAGE (15 MIN.)

## AMÀRE EXPERIENCE



2 PERSON | €276 100 MIN.

- PURE EXPERT FACIAL FOR HIM AND HER (50 MIN.)  
- RELAXING COUPLE'S MASSAGE (50 MIN.)  
- CAVA + CHOCOLATES

# BALANCE CONCEPT

A THERAPY PROCESS TO COUNTERACT THE NEGATIVE EFFECTS OF **TECHNOSTRESS** THAT WILL MAKE YOU **"DISCONNECT"** TO BALANCE YOUR EMOTIONS AND TO ACHIEVE FULFILMENT.



**DETOX:** EXFOLIATING, PURIFYING AND DETOX THERAPIES.



**SERENITY:** RELAXING AND CALMING THERAPIES.



**ENERGY:** TONING, REFRESHING AND STIMULATING THERAPIES.

## BALANCE CONCEPT RITUAL



AN INNOVATIVE THERAPY TO CURE SLEEP IMBALANCES CAUSED BY STRESS. BY MERGING THREE RITUALS WE ARE ABLE TO RESTORE THE PHYSICAL AND ENERGY BALANCE OF YOUR BODY AND MIND BY INDUCING SLEEP.

1 PERSON | €240  
2<sup>ND</sup> PERSON | 20% DISCOUNT

DETOX CONCEPT RITUAL (50 MIN.)  
SERENITY CONCEPT RITUAL (50 MIN.)  
ENERGY CONCEPT RITUAL (50 MIN.)

## SLEEP THERAPY



80 MIN | €140

SLEEP INDUCTION MASSAGE. THANKS TO THE HOLISTIC, RELAXING AND CALMING MOVEMENTS OF THIS MASSAGE, YOUR BODY, MIND AND SPIRIT WILL TRANSPORT YOU INTO A SWEET AND DEEP SLEEP.

## DISCONNECT THERAPY



80 MIN | €145

POWERFUL THERAPY TO HELP YOUR SKIN AND MIND DISCONNECT FROM ENVIRONMENTAL AND DIGITAL POLLUTION. AN OXYGENATING CURE THAT PREVENTS AGEING WHILE STRENGTHENING THE DEFENCES OF YOUR SKIN AND MIND. DISCONNECTION IS GUARANTEED BY THE OXYGENATING FACIAL AND A RELAXING FULL BODY MASSAGE.

# MASSAGE RITUALS

WE CAN ACHIEVE YOUR SOUGHT-AFTER RELAXATION AND WELLNESS THANKS TO THE PROPERTIES OF ESSENTIAL OILS COMBINED WITH DIFFERENT MASSAGE TECHNIQUES. TAKE A UNIQUE MOMENT FOR YOURSELF TO ENJOY ONE OF LIFE'S PLEASURES.

## E`NERGYM MASSAGE



50 MIN. | €95

A SPORTS MASSAGE WITH AN INTENSE AND DEEP TECHNIQUE THAT HELPS TO RELEASE MUSCULAR TENSION AND RELIEVE PAIN. IT OXYGENATES AND RELAXES YOUR MUSCLES, LEAVING YOUR BODY WITH A PLEASANT FEELING OF RELIEF AND WELLNESS. PARTICULARLY RECOMMENDED FOR SPORTSPEOPLE.

## THERAPEUTIC MASSAGE



25 MIN. | €57 50 MIN. | €95

DIFFERENT TECHNIQUES RELAX MUSCLES IN TENSE AREAS: HANDS, HEAT OR SUCTION CUPS WITH SPECIFIC MESSAGES IN DIFFERENT ZONES. SEEK GUIDANCE AND ADVICE FROM OUR PERSONNEL TO GET THE BEST RESULTS FROM THE TREATMENT.

## LOMI LOMI MASSAGE



50 MIN. | €95

RELAXING MASSAGE THAT DRAWS INSPIRATION FROM THE MOVEMENT OF THE WAVES AND BREEZE FROM THE SEA, ACHIEVING PERFECT HARMONY FOR MIND AND BODY.



## SWEDISH MASSAGE



50 MIN. | €95

THE SWEDISH MASAGE COMBINES CLASSIC MASSAGE TECHNIQUES WITH STRECHING. WITH THIS ENERGIZING MASSAGE COMBINED WITH AROMA- AND MUSIC THERAPY YOU WILL ACHIEVE THE SO MUCH NEEDED STATE OF WELL-BEING AND RELAXATION.

## AROMAS D'IBIZA MASSAGE



50 MIN. | €93

THE FLAVOURS OF IBIZA CAN BE EXPERIENCED IN A MASSAGE WITH HOT OIL FROM A CANDLE. LAVENDER, OLIVE AND CITRUS FRUITS, COMBINED WITH A MULTI-SENSORIAL MASSAGE, NOURISH AND PROTECT YOUR SKIN LEAVING IT SILKY-SMOOTH.



THIS TREATMENT CAN BE ENJOYED WITH YOUR PARTNER



TREATMENT INCLUDES A MASSAGE



TREATMENT INCLUDES A STRONG MASSAGE



TREATMENT INCLUDES A FACIAL MASSAGE



INNER PEACE



ENERGY



DETOX



BELLEZA

## RELAX & AROMATHERAPY MASSAGE



25 MIN. | €50 50 MIN. | €86

ANTI-STRESS AROMATHERAPY MASSAGE. THE RHYTHM, MOVEMENTS AND CAREFULLY SELECTED AROMAS GIVE YOU A DEEP SENSATION OF WELLNESS. MASSAGE WITH ESSENTIAL OILS.

## LYMPHATIC DRAINAGE



50 MIN. | €85

GENTLE MASSAGE WITH PUMPING TECHNIQUES TO STIMULATE VENOUS AND LYMPHATIC RETURN. ELIMINATING TOXINS FROM THE BODY. SUITABLE FOR THOSE WHO SUFFER FROM FLUID RETENTION AND TIRED LEGS. AN ESSENTIAL PART OF WEIGHT LOSS AND ANTI-CELLULITE TREATMENTS.

## REFLEXOLOGY



25 MIN. | €53 50 MIN. | €83

RELAXING MASSAGE OF THE FOOT SOLE. A DELICATE MASSAGE OF STRATEGIC POINTS RELATED TO OUR ORGANISM. FINGER ACCUPRESSURE GIVES A COMPLETE FEELING OF WELLNESS.



# PREMIER RITUALS

INNOVATIVE BODY TREATMENTS THAT DRAW INSPIRATION FROM THE BENEFITS OF THE SEA, NATURE AND LUXURY. GUARANTEERING INCREDIBLE RESULTS ON THE SKIN AND ABSOLUTE PLEASURE FOR THE SENSES.

## SILK RITUAL



80 MIN. | €125

A SUBLIME FACE AND BODY THERAPY TO ACHIEVE ABSOLUTE WELLNESS. THE THERAPY BEGINS WITH A MYSTICAL EXFOLIATION WITH FINE SHELLS OF SPICES AND POPPY SEEDS, FOLLOWED BY A SILK WRAP AND AN EXCLUSIVE FACE AND BODY MASSAGE TO IMMEDIATELY MAKE YOUR SKIN FEEL COMFORTABLE.

## VITAMIN C + SUPREME RITUAL



50 MIN. | €112

A FIRING TREATMENT WITH GREAT NOURISHING POWER THAT REJUVENATES THE SKIN. VITAMIN C+ FIRMS UP THE SKIN BY ACTIVATING COLLAGEN PRODUCTION. THIS EXUBERANT RITUAL INVOLVES EXFOLIATION WITH ORANGE SKIN PARTICLES TOGETHER WITH A CREAMY NOURISHING WRAP AND A MASSAGE.



## LITHO SENSATION RITUAL



50 MIN. | €99

A LUXURY ANTI-AGEING REMINERALISING TREATMENT WITH PRECIOUS STONES. A RELAXATION AND BEAUTY CURE THAT REMOVES SIGNS OF TIREDNESS AND GLAMOROUSLY ILLUMINATES THE SKIN. THANKS TO DELICATE EXFOLIATION AND A DELICIOUS MASSAGE THAT COVERS THE SKIN WITH DELICATE LUMINOUS MICRO-PIGMENTS.

## BAMBOO & JEJU RITUAL



50 MIN. | €95

AN EXFOLIATION AND DETOX MASSAGE RITUAL WITH MULTIPLE ANTIOXIDANTS THAT TRANSPORTS YOU TO THE ISLAND OF JEJU, INEBRIATING YOUR BODY WITH JEJU'S MYSTERIOUS HYDRATING WATER, LOADED WITH MINERALS TO PROTECT THE HEALTH OF YOUR SKIN.

# BEAUTY

## AESTHETICS

MANICURE | €40  
PEDICURE | €50  
DE LUXE MANICURE | 60€  
DE LUXE PEDICURE | 70€  
MAKE UP | FROM 60€  
GLAM MAKE UP | 80€  
BRIDE MAKE UP | 130€

## HAIR REMOVAL

HALF LEG | €30  
FULL LEG | €55  
BIKINI | €30  
ARMPITS | €15

## HAIRDRESSING

WASH AND BLOW DRY | FROM €29  
LADY'S CUT | €30  
GENTLEMAN'S CUT | €25  
COLOUR | FROM €35  
LOTIONS | €4  
UPDO | FROM €60

## EXPERIENCE +

SPARKLING WINE & CHOCOLATES | €15  
BALANCE CONCEPT ZEN ATTITUDE | €18  
GLAMOUR GLITTER | 10€  
MASKS | 18€

# BEAUTY

GERMAINE DE CAPUCCINI DESIGNS ADVANCED FACIAL TREATMENTS FOR ALL SKIN TYPES BY COMBINING EXQUISITE PROTOCOLS. SKIN SOLUTIONS WITH THE LATEST COSMETIC TECHNOLOGY, GIVING YOU A BEAUTIFUL YOUTHFUL SHEEN.



## PREMIER CELLULAR ANTI-AGEING

80 MIN. | €135

HIGHLY FIRING ANTI-AGEING TREATMENT. THE DEEPEST WRINKLES DISAPPEAR THANKS TO THE APPLICATION OF PRODUCTS WITH HIGHLY CONCENTRATED ACTIVE INGREDIENTS. AN OPTIMAL "SKIN ARCHITECTURE": THE VISIBLE SIGNS OF AGEING AND SKIN FATIGUE DISAPPEAR.

## BE EXPRESSIVE LIFT (IN)

50 MIN. | €125

THE REINVENTION OF COSMETIC LIFTING ACHIEVES RESULTS THROUGH THREE REJUVENATION VECTORS: LIFTING, FILLING AND TIGHTENING. INNOVATIVE V-MATRIX TECHNOLOGY, HIGH PERFORMANCE COMPLEX THAT STIMULATES SYNTHESIS AND RESTRUCTURES THE SKIN MATRIX. FIRMNESS IS RESTORED FROM THE INSIDE, CREATING A LIFTING EFFECT ON THE SURFACE.

top hit!

## VIT C+C FLASH EFFECT

50 MIN. | €120

FOR HIM & HER. ILLUMINATING FLASH EFFECT TREATMENT. VITAMIN C+ C FIRMS UP THE SKIN BY ACTIVATING COLLAGEN PRODUCTION. ITS COMPLEX RANGE OF HIGHLY EFFECTIVE ACTIVE INGREDIENTS IMMEDIATELY ACHIEVES SKIN RESPLENDENT OF YOUTH. FAVOURS A BEAUTIFUL TAN.

## OXYGEN O2

50 MIN. | €120

A POWERFUL POLLUTION SHIELD THAT HELP YOUR SKIN WITHSTAND FAST-PACED CITY LIFE. THIS ANTI-POLLUTION OXYGENATING SHOCK CURE PREVENTS AND FIGHTS AGAINST AGEING WHILE BOLSTERING THE SKIN'S DEFENCES. IT TRANSFORMS THE COMPLEXION: ONCE OXYGENATED, DETOXIFIED, STRENGTHENED AND REGENERATED YOUR SKIN WILL LOOK LOOKS RADIANT AND MUCH HEALTHIER.

## GLOBAL ANTI AGE ON

50 MIN. | €118

REVOLUTIONARY ALL-ROUND ANTI-AGEING TREATMENT THAT ADAPTS TO YOUR SKIN'S HISTORY TO SLOW DOWN THE AGEING PROCESS. EPIGENOL, EXTRACTED FROM THE MARIGOLD FLOWER, REVERSES THE AGEING PROCESS AND ACTS AS A SWITCH TO TURN "ON" THE GENES THAT HAVE BEEN TURNED OFF BY CERTAIN EPIGENETIC FACTORS. AN INTENSIVE CURE WITH A SKIN DENSITY AND HYDRATION EFFECT.

## KIREI SUBLIME

50 MIN. | €79

A SOPHISTICATED EXPERIENCE BASED ON A BEAUTY RITUAL THAT DRAWS INSPIRATION FROM JAPANESE FACIAL MESSAGES. A PERFECT COMBINATION OF ACTIVE INGREDIENTS IN THE PRODUCTS AND MASSAGE MOVEMENTS TO ACHIEVE A FANTASTIC DRAINING EFFECT AND TO PREVENT YOUR SKIN FROM AGEING.

## PURIFYING FACIAL

50 MIN. | €70

FOR HIM & HER. ESSENTIAL FACIAL CARE TO DEEPLY CLEANSE IMPURITIES FROM THE SKIN (SPOTS AND BLACKHEADS). PREPARES THE SKIN FOR ITS DAILY TREATMENTS.

## BOOKINGS

WELLNESS BY GERMAINE DE CAPUCCINI STAFF WILL HELP YOU TO OPTIMISE YOUR VISIT BY RECOMMENDING THE PERFECT EXPERIENCE AND BOOKING AN APPOINTMENT. PLEASE BOOK IN ADVANCE BY PHONE, OVER THE INTERNET OR IN PERSON AT THE RECEPTION, PARTICULARLY IF YOU REQUIRE MULTIPLE APPOINTMENTS THROUGHOUT YOUR STAY.

## PEACE AND QUIET

PEACE AND QUIET ARE AN ESSENTIAL PART OF ENJOYING RELAXING MOMENTS. WE RECOMMEND SPEAKING QUIETLY AND KEEPING YOUR PHONE ON SILENT IN YOUR LOCKER TO MAKE SURE THAT EVERYONE GETS THE REST THEY DESERVE.

## COURTESY AND RESPECT

THE WELLNESS IS A PLACE FOR RELAXATION AND WELLNESS. IT IS FORBIDDEN TO ENTER THE DRESSING ROOMS WITH LUGGAGE, AS THIS MIGHT DISTURB OTHER GUESTS.

## CONTRAINDICATIONS

SEEK THE ADVICE OF YOUR DOCTOR IN CASE OF DISEASE OR PREGNANCY AND INFORM OUR STAFF AT THE TIME OF THE BOOKING OR BEFORE THE TREATMENT.

## HAIR REMOVAL

IF YOU ARE CONSIDERING GETTING WAXED, AVOID LONG PERIODS OF EXPOSURE TO THE SUN BEFORE AND AFTER YOUR APPOINTMENT. ASK OUR WELLNESS STAFF.

## SHAVING

FOR A PERFECT RESULT IT IS ADVISABLE TO SHAVE TWO HOURS BEFORE THE TREATMENT.

## BOUTIQUE

IF YOU WANT TO CONTINUE YOUR EXPERIENCE AT HOME, ALL OF THE PRODUCTS USED IN OUR TREATMENTS ARE AVAILABLE AT OUR BOUTIQUE. WE ALSO OFFER SUN PROTECTION PRODUCTS.

## GIVE AWAY WELL-BEING

WE OFFER CUSTOMIZABLE GIFT CARDS. ASK OUR STAFF.

## PARKING

TWO HOURS OF FREE CAR PARKING IN THE HOTEL'S GARAGE (SUBJECT TO AVAILABILITY).

## CANCELLATION POLICY

CHANGES AND MODIFICATIONS ARE FREE OF CHARGE IF THEY ARE MADE AT LEAST 4 HOURS BEFORE YOUR APPOINTMENT. 100% OF THE BOOKING PRICE WILL BE CHARGED FOR CHANGES OR MODIFICATIONS WITHIN 4 HOURS, OR IN THE EVENT OF A NO-SHOW.

LIKewise, IT IS NOT POSSIBLE TO RESCHEDULE TREATMENT IF YOU ARRIVE LATE.

THE SERVICE TIME WILL BE REDUCED IN THIS CASE. IF THE TIME OF THE TREATMENT CANNOT BE REDUCED, THE APPOINTMENT WILL BE CANCELLED AS PER THE CANCELLATION POLICY. CANCELLATIONS ARE ONLY ACCEPTED AT THE SPA RECEPTION.

## ARRIVAL

WE RECOMMEND ARRIVING 15 MINUTES BEFORE YOUR BOOKING TIME, TO AVOID POSSIBLE DELAYS.

## WHERE CAN I CHANGE?

WE HAVE DRESSING ROOMS FOR YOU TO CHANGE, EQUIPPED WITH SHOWER AND HAIR DRYERS.

## WHERE DO I PUT MY BELONGINGS?

WE HAVE FREE PERSONAL LOCKERS. THE ESTABLISHMENT ASSUMES NO LIABILITY FOR ANY POSSIBLE LOSSES OR BREAKAGE OF ITEMS. WE DO NOT RECOMMEND WEARING ANY TYPE OF JEWELLERY IN THE WELLNESS AREA OR TO ANY OF THE TREATMENT SESSIONS.

# WELLNESS by



# IT'S TIME TO RELAX

# A



BAHÍA DE SAN ANTONIO CARRER LA RIOJA, 9,  
07829 SANT JOSEP DE SA TALAIA, ILLES BALEARS  
TEL +34 971 804036 EXT. 30059

WWW.AMAREHOTELS.COM  
WELLNESS.AI@AMAREHOTELS.COM

