

WELLNESS EXPERIENCES

SENSATIONAL EXPERIENCES THAT IMMERSE YOU IN AN ABSOLUTE STATE OF WELLBEING AND WELLNESS. LET YOURSELF BE INTOXICATED BY OUR GENTLE AROMAS AND TEXTURES. A TRUE PLEASURE FOR THE SENSES.

COUPLE BEACH EXPERIENCE



2 PERS.
- SERENITY BEACH MASSAGE (25 MIN.) | €90
- SERENITY BEACH MASSAGE (55 MIN.) | €180

ORIENTAL EXPERIENCE



50 MIN. | 2 PERS. | €188
- FLASH EFFECT FACIAL (25 MIN.)
- TIBETAN SINGING BOWL MASSAGE (25 MIN.)
- GLASS OF CAVA

top hit!

RELAX EXPERIENCE



50 MIN. | 2 PERS. | €168
- WELLNESS MASSAGE (25 MIN.)
- EXPRESS FACIAL (25 MIN.)
- GLASS OF CAVA

AMÀRE EXPERIENCE



100 MIN. | 2 PERS. | €288
- FACIAL TREATMENT FOR HIM/HER (50 MIN.)
- WELLNESS MASSAGE (50 MIN.)
- GLASS OF CAVA

HOLISTIC THERAPIES



TIBETAN SINGING BOWL THERAPY



50 MIN. | 1 PERS. | €99
An ancient Tibetan holistic therapy guided by the search for total stress relief, restoring energy and physical balance to your mind, body and spirit through the vibrational waves of Tibetan singing bowls. Using a combination of the different sounds and vibrations of the therapeutic singing bowls without distraction, you'll experience total holistic relaxation. Christine Heckel is representative of the Peter Hess Institute.



TIBETAN SINGING BOWL RITUAL



50 MIN. | €99
80 MIN. | €145
An innovative holistic ritual for total stress relief, restoring the physical and energetic balance of your mind, body and spirit through the combination of a "Total Serenity" massage with the different sounds and vibrational waves of Tibetan singing bowls.

DIS-CONNECT THERAPY



80 MIN. | €145
Powerful therapy to help your skin and mind disconnect from environmental and digital pollution. An oxygen-based cure that prevents ageing while strengthening the defences of both your skin and mind. Disconnection is guaranteed by the oxygenating facial and a relaxing full body massage.

MASSAGES

WE CAN ACHIEVE YOUR SOUGHT-AFTER RELAXATION AND WELLNESS THANK TO THE PROPERTIES OF ESSENTIAL OILS COMBINED WITH DIFFERENT MASSAGE TECHNIQUES. TAKE AN UNIQUE MOMENT FOR YOURSELF AND ENJOY ONE OF LIFE'S PLEASURES.

AMÀRE MASSAGE



top hit!

50 MIN. | €99
80 MIN. | €145
This massage is designed according to the personal needs and preferences using different techniques and pressures. You can choose from a combination of several massages.

SPORT MASSAGE



50 MIN. | €95
Sports massage with an Intense and deep massage technique that helps to release muscular stress and relieve pain. It oxygenates and relaxes your muscles. Leaving your body with a pleasant feeling of relief and wellbeing. Particularly recommended for sports enthusiasts and athletes alike.

THERAPEUTIC MASSAGE



25 MIN. | €57
50 MIN. | €95
Relax your muscles in the affected zone thanks to the effect of heat and specific technical massages. Our staff will advise and recommend you on getting the best results from your treatments.

SWEDISH MASSAGE



50 MIN. | €95
The Swedish massage combines classic massage techniques with stretching. This energetic massage along with aromatherapy and music therapy achieves the sort of wellbeing and relaxation that you are so in need of.

REFLEXOLOGY



25 MIN. | €53
50 MIN. | €88
Relaxing massage of the soles of the feet. A delicate massage of strategic body points using finger pressure gives a complete feeling of well-being.



TREATMENT FOR COUPLES



INCLUDES MASSAGE



INCLUDES STRONG MASSAGE



INCLUDES FACIAL



SERENITY



ENERGY



DETOX



FOR MEN



BEACH MASSAGE



FROM 15 MIN. | €25
We have a special tent on the beach and pool where you can enjoy an individual or couple's massage in the open air with sea views.

AROMAS D'IBIZA MASSAGE



50 MIN. | €95
The flavours of Ibiza can be felt in a massage with hot oil from a candle made of lavender, olive and citric fruits, combined with a multi-sensory massage to nourish and protect your skin, leaving it silky-smooth.

RELAX & AROMATHERAPY MASSAGE



25 MIN. | €50
50 MIN. | €88
Anti-stress aromatherapy massage. The rhythm, movements and carefully selected aromas give you a deep sensation of well-being. Massage performed with essential oils.

LYMPHATIC DRAINAGE MASSAGE



50 MIN. | €88
Gentle massage with pumping techniques to stimulate venous and lymphatic return. Eliminating toxins from the body. Suitable for people who suffer from fluid retention and tired legs. An essential part of weight loss and anti-cellulite treatments.

BODY RITUALS

INNOVATIVE BODY TREATMENTS THAT DRAW INSPIRATION FROM THE BENEFITS OF THE SEA, NATURE AND LUXURY, GUARANTEEING INCREDIBLE RESULTS IN THE SKIN AND ABSOLUTE PLEASURE FOR THE SENSES.

VITAMIN C + FLASH EFFECT RITUAL



CORPORAL | 50 MIN. | €115
CORPORAL + FLASH FACIAL | 80 MIN. | €148

Luxurious firming flash effect treatment with great nutritious power, giving skin a new youthful look. Vitamin C activates collagen production and boosts skin firmness. This exuberant ritual involves exfoliation with orange skin particles together with a creamy nourishing wrap and massage. The flash effect mask will completely remove all signs of tiredness from your skin.

top hit!

BAOBAB RITUAL



50 MIN. | €99
Vitamin treatment that prevents skin aging thanks to the properties of African baobab oil. A perfect nutrition cure for sun-exposed and undernourished skin. A delicate exfoliation with baobab seeds combined with an enveloping scent of baobab oil will provide total well-being and relaxation.

SILK RITUAL



80 MIN. | €125
A sublime face and body therapy to achieve absolute wellness. The therapy begins with mystical exfoliation with fine shells and poppy seeds, followed by a silk wrap and finished with an exclusive face and body massage to make your skin feel instantly comfortable.

ESSENTIAL DETOX RITUAL



50 MIN. | €95
An essential detox exfoliation ritual with deep skin hydration for the face and body. Removes dead skin cells to leave your skin feeling soft, smooth and hydrated. Eliminates signs of fatigue and brightens the skin for a youthful appearance full of vitality.

BEAUTY

AESTHETICS

DELUXE MANICURE | €45
DELUXE PEDICURE | €55

HAIRDRESSER

WASH & BLOW DRY | FROM €31
LADY'S CUT | €35
GENTLEMEN | €29
BEARD | €25
LOTIONS | €5
TREATMENTS | €8

ACCESSORIES

CAVA + CHOCOLATES | €18



FACIALS

GERMAINE DE CAPUCCINI DESIGNS ADVANCED FACIAL TREATMENTS FOR ALL SKIN TYPES BY COMBINING EXQUISITE PROTOCOLS. SKIN SOLUTIONS FEATURING THE LATEST COSMETIC TECHNOLOGY, GIVING YOU A BEAUTIFUL YOUTHFUL SHEEN.

“PREMIER” CELLULAR ANTI-AGEING

80 MIN. | €139

Highly firming anti-ageing treatment. The deepest wrinkles disappear thanks to the application of products with highly concentrated active ingredients. An optimal "skin architecture". The visible signs of ageing and skin fatigue disappear.

BE EXPRESSIVE “LIFT IN”

50 MIN. | €125

The reinvention of Cosmetic Lifting achieves results in three rejuvenation vectors: Lifting, filling and tightening. Innovative V-Matrix technology. High performance complex that stimulates synthesis and restructure the skin matrix. Firmness is restored from the inside. Creating a lifting effect on the surface

“FLASH EFFECT” VITAMIN C+C

50 MIN. | €120

Illuminating flash effect treatment. Vitamin C+C firms up the skin by activating collagen production. Its complex range of highly effective active ingredients immediately achieves skin resplendent of youth and favours a beautiful tan.

OXYGEN “CURE O2”

50 MIN. | €120

Powerful therapy to help your skin and mind disconnect from environmental and digital pollution. An oxygenenatic CURE that prevents ageing while strengthening your skin and mind's defences. Disconnection is guaranteed by the oxygenating facial.

DETOX FACIAL FOR MEN

50 MIN. | €75

Energising and detoxifying treatment specially designed for men's skin. This facial eliminates all impurities from the skin and combats the effects of skin fatigue, bringing it vitality and hydration.

PREMIER ANTI-AGEING FOR MEN

50 MIN. | €115

Anti-ageing treatment specially formulated for men's skin. Adapts to each unique skin type and its needs. A deeply relaxing treatment that boosts skin density and hydration.

PURIFYING FACIAL

50 MIN. | €75

Essential face care for cleansing skin of its impurities (microcysts and blackheads). It prepares the skin for daily treatment.



FAQs

WELCOME TO WELLNESS BY GERMAINE DE CAPUCCINI, OUR STAFF WILL HELP YOU TO OPTIMISE YOUR VISIT BY RECOMMENDING THE PERFECT EXPERIENCE WHEN YOU MAKE YOUR APPOINTMENT.

BOOKINGS

Please book your treatment in advance by phone, Whatsapp, e-mail or at the Wellness reception. Booking requires a prepayment through a link that you will receive to your phone or credit card with authorization by e-mail or at the Wellness.

CANCELLATION POLICY

The charges or cancellation do not entail any cost, as long as they are made a minimum of 24 hours before the appointment, if not we charge the total cost. Likewise, in case of customer delay, the service time will be reduced. Please make cancellations at the Wellness reception, not at the hotel reception.

OPENING HOURS

The opening hours are according to season, please consult at the Wellness.

ARRIVAL

We recommend arriving 15 minutes before your booking time to avoid possible delays.

WHERE CAN I CHANGE?

We have changing rooms for changing before entering the Wellness, as well as showers and hair dryers.

WHERE CAN I PUT MY BELONGINGS?

We have free personal lockers in the changing rooms. The Centre assumes no liability for any possible losses or breakage of items. We do not recommend wearing any type of jewellery in the Wellness.

CONTRAINDICATIONS

You declare yourself to be in good health to use the Wellness, otherwise, you need consult with your doctor before. Please ask our staff about the treatments. If you are pregnant, consult your doctor and inform the therapist.

HAIR REMOVAL

If you haven't been exposed to the sun for a long period of time, please ask the staff for details.

SHAVING

For a perfect result, it is advisable to shave two hours prior to treatment.

SILENCE AND TRANQUILITY

Silence and tranquillity are essential for enjoying relaxing moments in the Wellness. To ensure that everybody can relax, we recommend keeping your voice low and setting your phone to silent in your locker.

COURTESY AND RESPECT

The Wellness is a place to relax, it is forbidden to enter with luggage in the changing rooms. It is necessary taking a shower before using the facilities (swimming pools, sauna, Turkish bath) as well as using a towel. We ask that you behave correctly and decently.

BOUTIQUE

If you want to continue your treatment at home, all products used for our treatments are available at our boutique. Sale of sun protection products.

GIFT WELLBEING

All our services are available to give as a gift, request our relaxing and wellness gift voucher. Please ask our staff.

WELLNESSby



IT'S TIME TO RELAX

 AMAREHOTELS

AMARE
BEACH HOTEL
IBIZA



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